

# Monthly Peer Case Reviews

TOPIC GUIDE 2025



## **Child and Family Focused**

Feel more confident working with children and families by learning different techniques to teach coping skills and mindfulness skills. Discuss strategies for in-person or virtual sessions with clients that are children.

Held on the second Monday of each month at 12pm.



## **Couples and Relational Focused**

Gain insights and help clients process through attachment styles and interaction patterns. Discuss how to foster your client couples towards resolution.

Held on the third Thursday of each month at 12pm.



## **Trauma Focused**

Discuss the varying approaches, including EMDR, to trauma treatment and learn interventions that will help bring care to your client. Learn the neurology behind trauma and why treatment can work!

Held on the fourth Friday of each month at 9am.



## **Pastoral Focused**

Explore the integration of spirituality and clinical practice in your client cases.

Held on the fourth Monday of each month at 12pm.